

SUNKi 2017

Camps

Sunkist Kids Day Camps

May 29-June 2, June 12-16, June 19-23, July 10-14 & July 17-21

\$175/5-day camp (commuter camps only)

ASU Riches Wrestling Complex (Tempe, AZ) 9am-4pm / Ages 5-14 yrs

***5-Day Commuter Camps.** Focus is on Beginner-Intermediate skill levels run by Sunkist Kids Wrestling Academy. There are 2 sessions/day (Monday thru Friday). The Day Camps include a gymnastics & tumbling routine, conditioning, technique, live wrestling and games. A mini-tournament will be held at the end of each 5-day camp for the kids during the last session on Friday afternoon from 1:30-4pm.

Sunkist Kids Intensive Camps

June 10-16 and July 15-21

\$250/7-day intensive (commuter camps only)

ASU Riches Wrestling Complex (Tempe, AZ) 9am-8pm / Ages 8-14 yrs

***7-Day INTENSIVE Commuter Camps.** Focus is on High Intensity Elite Training and Advance/ Technique run by Sunkist Kids Wrestling Academy. Camps cover all aspects of the sport of wrestling. There are 4 sessions/day for a total of 7 hours. Sessions breakdown (2hrs/1hr/2hrs/2hrs) – Total of **45 hours of training**. The Intensive camp will include Advance Technique, A LOT of live wrestling/matches, conditioning, nutrition/weight management, mental toughness, the Sunkist Fit Program (Build – Stamina/Speed/Power/Athleticism/Agility) and learn what it takes to bring your wrestling to the next level! **LIMITED TO 30 KIDS!**

For Questions Contact

Tim Gressley Cell (480) 205-3015 ~ gressley@sunkistkids.org ~ www.sunkistkids.org

Location ASU Riches Wrestling Complex 319 S. Rural Rd. Tempe, AZ 85281 (480) 205-3015 cell
(East side of 6th St. & Rural Rd.)

2017 SUNKist camps

REGISTRATION FORM

Fax form to: Sunkist Kids Wrestling at 1-866-923-6050 OR Scan in and email to: gressley@sunkistkids.org

Athlete's Name: _____ USAW Card # _____

Athlete's Weight: _____ Age: _____ Skill Level (circle one): Beginner / Intermediate / Advanced

Parent or Guardian: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Cell Phone: _____ Email: _____ Emergency Contact : _____

I would like to participate in: (Please place a check mark next to the camp(s) you are interested in below)

(\$175/5-Day Technique camp)

___ May 29-June 2, 2017

Paid by: Credit Card - Check # _____ - Cash

___ June 12-16, 2017

Credit Card# _____

___ June 19-23, 2017

Expiration Date _____ 3 Digit code _____

___ July 10-14, 2017

Cardholder's Signature _____

___ July 17-21, 2017

Total Paid: \$ _____

(\$250/7-Day Intensive camp)

**Sunkist Academy members will receive a \$25 discount per camp!*

___ June 10-16, 2017 (Limited to 30 kids)

___ July 15-21, 2017 (Limited to 30 kids)

In consideration of being allowed to participate in any way in the Sunkist Kids Wrestling Academy and related events and activities, the undersigned:

-Agree that before participating, they each will inspect the facilities and equipment to be used, and if they believe anything to be unsafe, they will immediately advise their coach or supervisor of such condition(s) and refuse to participate.

-Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability, and severe social and economic losses which might result, not only from their own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play or condition, of the premises or of any equipment used. Further that there may be other risks not known to us or not reasonably foreseeable at this time.

-Assume all foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death. Further, assume all liability for the negligence if participant leaves the facility without parent or camp director consent and the result ends in injury, illness or death.

-Release, waive, discharge and covenant not to sue Sunkist Kids Wrestling Club, Arizona State University, The Wrestling Academy, LLC, it's affiliated clubs, directors, agents, coaches and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of the premises used to conduct this event, all of which are hereinafter released from any and all liability to the undersigned, his or her next of kin, or any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or part by the negligence of the releasee or otherwise.

Participant's Name (Please Print)

Signature (Parent or Guardian if under18)

Date